

July 2010

Monday	Tuesday	Wednesday	Thursday	Friday
28	29	30	1	2
5 Mac & cheese, chicken strips, green veggie, salad, dessert	6 Salad and fruit Taquitos, quesadillas, rice/beans, guacamole, sour cream	7 Focaccia bread, salad, fruit Cheese ravioli w/pink sauce or meat sauce	8 Hamburgers/veggie burgers, chips, salad, fruit	9 Pizza variety, Salad, Dessert, Drink
12 Lemon chicken, orzo, hummus & pita bread, salad, dessert	13 Burrito, grilled chicken, rice/beans, guacamole / sour cream	14 Spaghetti, three sauces: pesto, meat, or marinara Focaccia bread, salad, fruit	15 BBQ Day: chicken, corn, cole slaw, fruit	16 Pizza variety, Salad, Dessert, Drink
19 Mac & cheese, chicken strips, green veggie, salad, dessert	20 Salad and fruit Taquitos, quesadillas, rice/beans, guacamole, sour cream	21 Focaccia bread, salad, fruit Cheese ravioli w/pink sauce or meat sauce	22 Hamburgers/veggie burgers, chips, salad, fruit	23 Pizza variety, Salad, Dessert, Drink
26 Lemon chicken, orzo, hummus & pita bread, salad, dessert	27 Burrito, grilled chicken, rice/beans, guacamole / sour cream	28 Spaghetti, three sauces: pesto, meat, or marinara Focaccia bread, salad, fruit	29 BBQ Day: chicken, corn, cole slaw, fruit	30 Pizza variety, Salad, Dessert, Drink

August 2010

Monday	Tuesday	Wednesday	Thursday	Friday
2	3	4	5	6
Mac & cheese, chicken strips, green veggie, salad, dessert	Salad and fruit Taquitos, quesadillas, rice/beans, guacamole, sour cream	Focaccia bread, salad, fruit Cheese ravioli w/pink sauce or meat sauce	Hamburgers/veggie burgers, chips, salad, fruit	Pizza variety, Salad, Dessert, Drink
9	10	11	12	13
16	17	18	19	20
23	24	25	26	27
30	31	1	2	3